

FUHSI Bulletin

A Publication of Federal University of Health Sciences, Ila-Orangun, Information Unit **SEPTEMBER EDITION, 2025**

MBBS STUDENTS COMPLETE FIRST COMMUNITY HEALTH FIELD POSTING



The 300-level MBBS students of the Federal University of Health Sciences, Ila-Orangun have successfully concluded their first Community Health Field Posting, which took place from August 25 to September 12, 2025.

The one-month programme marked a significant milestone in the University's commitment to producing well-rounded medical professionals equipped with strong community-oriented healthcare experience.

Throughout the posting, the students were divided into four groups of 34 members each and assigned to various primary health care centres within Ila-Orangun, including Adekunle Community Health Centre, Ita Obajoko Community Primary Health Centre, and two other designated centres. The exercise provided practical exposure to primary healthcare operations, health education, and community diagnosis while promoting direct interaction with grassroots health systems.

To mark the end of the programme, an evaluation and closing ceremony was held on September 18, 2025, during which each group was assessed based on specific performance criteria. The event featured detailed presentations and reports from the groups, showcasing their findings, experiences, and recommendations for improving community health services.

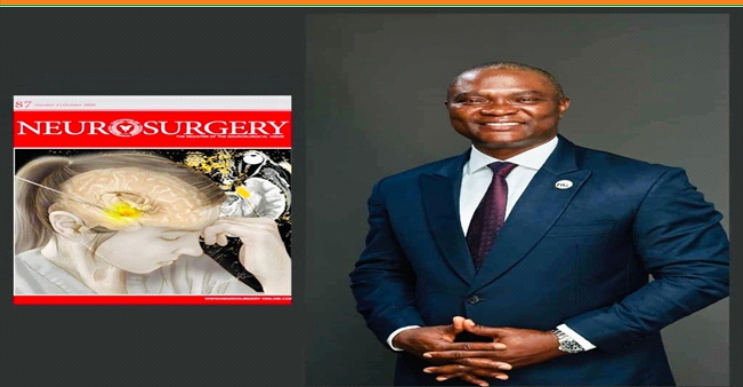
In his remarks, the Head of the Department of Community Medicine, Prof. Osagbemi, commended the students for their dedication, teamwork, and professionalism throughout the posting, describing the exercise as a vital bridge between

classroom learning and real-world medical practice.

The ceremony was graced by distinguished members of the University community, including the Provost of the College of Medicine, Prof. Oyelami Oyeku Akibu; the Dean of the Faculty of Basic Medical Sciences, Prof. Adefolarin O. Malomo; and the University Librarian, Mrs. Bukky Olufemi Asubiojo, alongside Deans and Heads of Departments.

The maiden Community Health Posting not only deepened the students' clinical and social understanding of healthcare but also reinforced FUHSI's mission of promoting academic excellence through community engagement and service.

FUHSI PRO-CHANCELLOR APPOINTED ASSISTANT EDITOR OF WORLD-RENOWNED NEUROSURGERY JOURNAL



The Pro-Chancellor and Chairman, Governing Council of the Federal University of Health Sciences, Ila-Orangun (FUHSI), Prof. Wale Sulaiman, CON, has been appointed Assistant Editor of the Neurotrauma Section of *Neurosurgery Practice*, one of the world's most prestigious neurosurgery journals.

According to the appointment letter dated September 30, 2025, the offer recognises Prof. Sulaiman's outstanding contributions to neurosurgery and global medical research. His term will run from January 1, 2026, to December 31, 2028, with an option for renewal.

Neurosurgery Practice is an internationally acclaimed open-access journal indexed in Scopus, PubMed Central, and DOAJ, and recently achieved its first impact factor in 2025.

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Motto: Learning and character for healing

As Assistant Editor, Prof. Sulaiman will oversee peer reviews of impactful academic research and clinical studies that advance global neurosurgical practice.

Prof. Sulaiman described the appointment as “a call to further service in advancing neurosurgery globally”. He reaffirmed his commitment to promoting medical research and excellence across Nigeria and Africa.

The FUHSI community celebrates Prof. Sulaiman as an exemplary leader and global ambassador of excellence, whose achievements continue to inspire both staff and students while enhancing the University's international reputation.

FUHSI TRAINS CLEANING STAFF AND HEALTH ATTENDANTS ON HYGIENE, WASTE MANAGEMENT, AND SUSTAINABILITY



In line with its unwavering commitment to excellence, sustainability, and a culture of responsibility, the Federal University of Health Sciences, Ila-Orangun (FUHSI), has taken another significant step toward strengthening environmental and workplace care.

The Department of Environmental Health Sciences organised a specialised sensitisation and training program on September 2, 2025, for the University's dedicated Cleaning Staff and Health Attendants. The program, held under the leadership of the Head of Department, Dr Yusuf Raufu Olarewaju, was designed to enhance participants' knowledge and practical skills in hygiene best practices, effective waste management, safe handling of cleaning materials, and environmentally friendly approaches to maintaining a healthy campus environment.

Speaking during the training, Dr Yusuf emphasised that cleaners play an indispensable role in sustaining the health and vibrancy of the University environment. According to him, their work goes beyond keeping the surroundings tidy; it directly supports the well-being of staff, students, and visitors while creating a conducive atmosphere for teaching, learning, and research.

The session featured practical demonstrations, interactive discussions, and expert guidance on sustainable methods that align with the University's broader vision of innovation, safety, and community responsibility.

Participants were encouraged to adopt practices that reduce environmental hazards and to serve as ambassadors of good hygiene across the institution.

By equipping cleaning staff with new knowledge and hands-on techniques, FUHSI continues to reaffirm its dedication to providing a clean, safe, and supportive academic environment. This initiative not only underscores the University's values of excellence and innovation but also reflects its proactive approach to sustainability and institutional growth. It marks yet another milestone in strengthening FUHSI's reputation as a forward-looking university that prioritises both people and the environment.

FUHSI STUDENTS COMMENCE CLINICAL POSTING AT UNIVERSITY OF ILORIN TEACHING HOSPITAL

The clinical posting for students of the Federal University of Health Sciences, Ila-Orangun officially commenced on September 29, 2025, at the University of Ilorin Teaching Hospital (UIH).

On the first day, the students were taken on a familiarization tour of the hospital to acquaint themselves with the various units and their functions. This was followed by an orientation session with the Heads of the Physiotherapy Department and the Prosthetics and Orthotics Department, where they were enlightened on the importance of their profession in Nigeria's healthcare system and encouraged to uphold excellence in their academic and professional pursuits.

A total of 38 students began the posting and were divided into four groups to rotate across four major units: Prosthetics and Orthotics, Physiotherapy, Orthopedics, and Radiology, with each rotation lasting two weeks. The eight-week clinical posting is designed to expose students to diverse medical conditions and deepen their practical understanding of clinical procedures related to their field.

So far, students have had rich hands-on experiences across the units. In the Prosthetics and Orthotics Unit, they have assisted in the design and fabrication of assistive devices. At the Physiotherapy Unit, they have participated in rehabilitation programs for individuals with cerebral palsy and other mobility-related conditions. The Orthopedics Unit has offered exposure to cases such as osteoarthritis, osteomyelitis, and spondylolisthesis, as well as surgical procedures like tenotomy. Meanwhile, in the Radiology Unit, students have gained practical knowledge of imaging techniques and the role of radiological investigations in patient diagnosis and management. Beyond clinical practice, the students have fostered collaboration through regular knowledge-sharing sessions, discussing the various

medical conditions encountered in their rotations. Living together within the same compound has also encouraged team bonding through extracurricular activities, including games, dance, and social interaction.

The experience has been described as both challenging and rewarding, marking an important milestone in the students' academic journey. As the rotation continued, the students looked forward to gaining deeper clinical insights, building professional competence, and creating lasting memories together.

FUHSI HOSTS UNILORIN IN THRILLING FRIENDLY FOOTBALL MATCH

The Federal University of Health Sciences, Ila-Orangun (FUHSI), played host to the University of Ilorin (UNILORIN) on September 17, 2025, in an exhilarating friendly football encounter held at the Osun State College of Education, Ila-Orangun (OSCEILA) football field.

The much-anticipated match brought together staff teams from both universities in a vibrant display of talent, teamwork, and sportsmanship. In a keenly contested game that kept spectators on the edge of their seats, the FUHSI staff team emerged victorious with a narrow 1–0 win. The lone goal, scored midway through the second half, was met with loud cheers and excitement from the home crowd, who had gathered in large numbers to support their team.

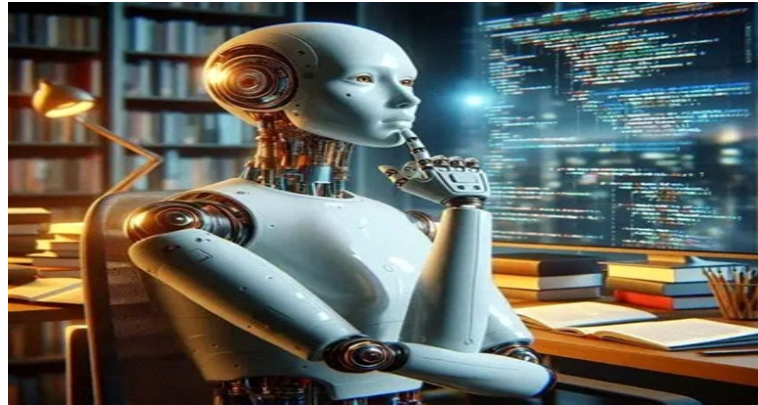
More than just a competition, the event aimed to promote camaraderie, physical fitness, and social interaction among staff members while strengthening the existing cordial relationship between the two institutions. Both teams demonstrated determination and mutual respect on the field, reflecting the true spirit of sportsmanship.

Speaking after the match, representatives of both FUHSI and UNILORIN commended the initiative, describing it as a valuable platform for fostering collaboration and building stronger ties beyond the classroom and administrative settings.

The friendly encounter marks yet another milestone in the growing bond of friendship and institutional partnership between FUHSI and UNILORIN, setting the stage for future academic and non-academic collaborations.

Eduverse Smart Zone Team

CPC - THE COPY, PASTE, COLLAPSE SYNDROME: AI TRAP IN ACADEMIC WRITING



CPC, or *AI-induced Copy, Paste, Collapse* syndrome, is fast emerging as the newest academic malaise, one that is yet to be clinically diagnosed but is already spreading through lecture halls, libraries, and study rooms. It thrives in an age where artificial intelligence promises quick answers and ready-made essays, luring students into a cycle of copying, pasting, and ultimately collapsing under the weight of shallow understanding. Like an undetected virus, CPC erodes critical thinking, creativity, and authentic scholarship, leaving behind a polished façade that masks intellectual emptiness.

Not long ago, a colleague shared a disturbing classroom experience. After assigning a standard term paper, she received a stack of submissions that felt oddly similar, glossy on the surface, yet hollow in substance. When she ran a few through an AI detector, the results were clear: the students hadn't just borrowed help, they had outsourced their thinking.

Welcome to the AI age, where technology meant to enhance learning is fast becoming a shortcut to avoid it. And it's not just the occasional lazy student. The misuse and abuse of AI tools like *ChatGPT*, *Consensus*, *Grammarly*, etc., paraphrasers, and essay generators have become a quiet epidemic across campuses. What once was a smart assistant is now being treated like a ghostwriter. The result? Students are submitting polished work without doing the mental lifting that sharpens their reasoning, argumentation, and originality.

Let's be clear! AI isn't the villain. Used wisely, it's a powerful tool for brainstorming, organising thoughts, and improving clarity. But when students rely on it entirely by copying, pasting, and calling it a day, it becomes a threat to their intellectual growth. Every time a student bypasses the struggle of drafting, researching, and rewriting, they

miss the golden opportunity to build their analytical muscles.

The tragedy is not just about grades or plagiarism charges. It's about stunted development. University isn't just about passing courses; it's about learning how to think. If AI keeps doing the heavy lifting, what happens to curiosity, originality, and critical thought? Are we not raising a generation that may ace their assignments but fail at problem-solving when it truly counts?

As educators and mentors, we must begin to have open conversations with students about responsible AI use. And as students, it's time to reflect: are you using AI to support your learning or to escape it? There's a big difference between guided assistance and total dependency.

Let this be a call to action. Resist the urge to let machines think for you. Struggle a bit. Draft badly. Edit again. Ask questions. That's how you grow. That's how your brain becomes your greatest asset, not just your Wi-Fi connection.

At *EduVerse Smart Zone*, we believe in learning that sticks and not just scores that shine. So next time you're tempted to hand over your thinking to an app, pause. Think twice. Let AI assist, but don't let it replace **YOU**.